



Symptoms of ovarian cancer

The symptoms of ovarian cancer can be very vague, particularly when the disease is in its early stages.

See your doctor if you have any of these signs and symptoms:

- feeling full quickly
- loss of appetite
- pain in your tummy (abdomen) or lower part of your abdomen that doesn't go away
- bloating or an increase in the size of your abdomen
- needing to wee more often

Other possible symptoms

- tiredness that is unexplained
- weight loss that is unexplained
- changes in your bowel habit or symptoms of irritable bowel syndrome, especially if this starts after the age of 50

These are all symptoms of other less serious conditions but if you have them or anything else that is not normal for you get them checked out by your doctor.

Public Health England

NHS

Cervical screening can stop cancer before it starts

Don't ignore your cervical screening invite. If you missed your last cervical screening, **book an appointment with us today.**

Remember to book cervical screening!

CERVICAL SCREENING SAVES LIVES

CEU19-19

Cervical screening is the most effective way of preventing cervical cancer yet across the UK figures for 2014 show a significant drop as age increases, for example in England screening uptake fell from 81.6 per cent of 50-54 year olds to 74.8 per cent of 55-59 year olds and 73.2 per cent of 60-64 year olds. Data also shows that over a third of diagnoses in England were in women over 50 and those aged 50-64 are more likely to be diagnosed with advanced stage cervical cancer, with 49 per cent as stage two or later. Due to these worrying trends in older women we commissioned a survey looking into what women aged 50-64 know about cervical cancer, its cause and prevention.

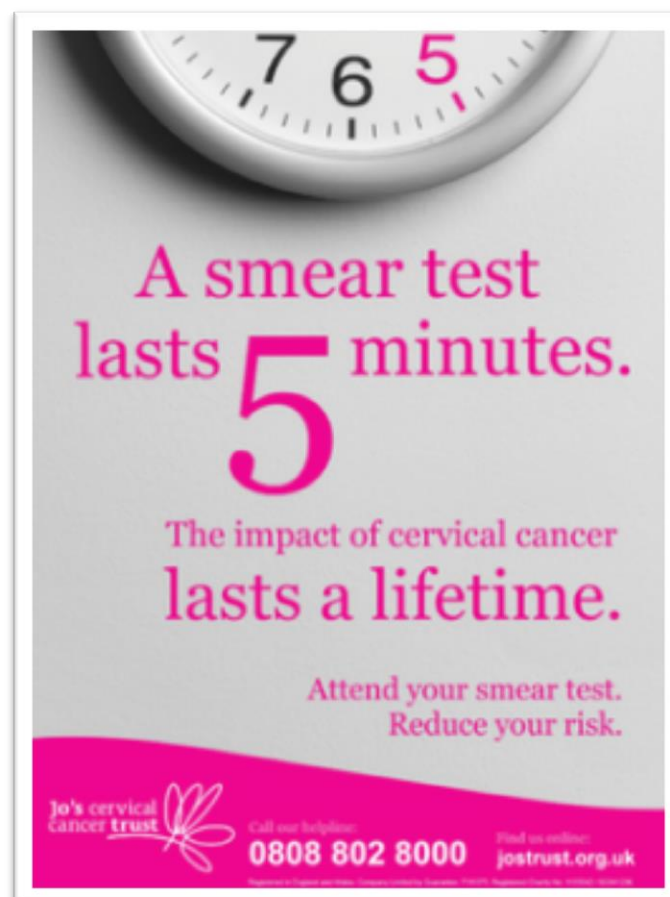


Jo's cervical cancer trust

Our latest research reveals 1 in 4 women aged 60-64 don't take up their cervical screening invitation

Attend your screening, reduce your risk of cervical cancer

More info: jostrust.org.uk | #CSAW



A smear test lasts **5** minutes.

The impact of cervical cancer lasts a lifetime.

Attend your smear test.
Reduce your risk.

Jo's cervical cancer trust

Call our helpline: **0808 802 8000**

Find us online: jostrust.org.uk

For more information visit: <https://www.jostrust.org.uk/links>